



### Client Information

Date \_\_\_\_\_

Name:

Birthdate:

Address:

City:

State:

Zip/Postal Code:

Phone:

Email:

May I add you to my email list? Yes No

Whom may I thank for referring you?

Have you experienced Healing Touch, EFT, Emotion Code or other energy modality before?

Living situation: married / partner / single # of children: \_\_\_\_\_ Occupation: \_\_\_\_\_

Are you under the care of a doctor, psychotherapist, counselor or other health care practitioner at this time?  
If so, please list name(s) and phone number(s):

Are you currently taking any medications? Y N If yes, what? \_\_\_\_\_

Have you had any illnesses, injuries, trauma, or surgeries that may be affecting your health now? Y N Explain:

Are you currently experiencing any symptoms (pain, tension, anxiety, etc)? Y N Explain: \_\_\_\_\_

How does this affect your daily activities (sleep, exercise, decision-making, relationships)? \_\_\_\_\_

For those symptoms/concerns that apply to you, please rate your distress level for each using a 0-10 scale, 10 being highest/worst/most intense:

- |                     |                         |                     |                      |
|---------------------|-------------------------|---------------------|----------------------|
| ___ Depression      | ___ Mood swings         | ___ Anger           | ___ Alcohol/drug use |
| ___ Sleep problems  | ___ Anxiety             | ___ Panic attacks   | ___ Memory problems  |
| ___ Eating problems | ___ Hormonal imbalances | ___ Allergies _____ |                      |
| ___ Stress (work)   | ___ Stress (home)       | ___ Other _____     |                      |

Religious/spiritual practice: \_\_\_\_\_

What is your desired outcome for today's session? \_\_\_\_\_

What are your long term health goals? \_\_\_\_\_

In case of emergency, I authorize Bonnie Thompson to contact the following person/s:

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

Anything else I should know? Questions?

# Healing Tree Wellness, LLC

Bonnie Thompson, HTCP, CECPC/CBCP

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## Client Agreement and Disclosure Statement

Thank you for your interest in working with Bonnie Thompson, the single member of Healing Tree Wellness, LLC (“HTW”) as a client either in person or at a distance using the telephone or Skype, whichever is applicable. HTW is providing you with the following information so you can make an informed choice about your decision to engage the services of Bonnie Thompson, as the single member of HTW. Please read this information carefully and let Bonnie Thompson know if there is any part you do not understand.

### Services Offered

Bonnie Thompson offers her services as a complementary and alternative health care practitioner under Colorado’s Natural Health Care Consumer Protection Act. She works with clients in a number of areas, including, overall health, stress management, recovery from illness or surgery, and energy and spiritual wellness. Her focus with a client is to work with the whole person, using a variety of energy-oriented complementary and alternative medicine approaches, including, **Healing Touch**, **Emotional Freedom Techniques (EFT)**, and the **Emotion Code/Body Code System** (collectively the “Energy Methods”). Sessions may include energy assessment, clearing and balancing through light touch (on and off the body), use of a therapeutic magnet off the body, and/or tapping at specific points on the body. The Energy Methods can be used in conjunction with conventional medical services or independent of conventional medical services to support healing, health, and wellness. You have the option of using individually or collectively any of the Energy Methods offered as part of your work with Bonnie Thompson.

### Energy Methods/Theoretical Approaches

Energy Methods is a collective term used to refer to a variety of energy healing techniques based on the use and modification of energy fields. The Energy Methods are designed to assess where the body’s energies are blocked or not in harmony and then unblock, correct, and balance the flow of these energies thereby aligning the body’s energies to boost health, vitality, and restore the body’s natural energies. The Energy Methods can also assess the energetic impact of how thoughts, beliefs, and emotions can influence the health and well-being of an individual. The prevailing premise of the Energy Methods is that the flow and balance of the body’s electromagnetic and subtler energies are important for physical, spiritual, and emotional health, and for fostering well-being. If you ever have questions or concerns about the nature of the theories and methods used, please feel free to ask Bonnie Thompson for further resources or references.

### Healing Touch

Healing Touch is an energy therapy in which practitioners consciously use their hands in a heart-centered and intentional way to support and facilitate the physical, emotional, mental, and spiritual health and healing of the client. It uses light static on-the-body touch and near-to-body touch according to designated techniques. Clients rest comfortably fully clothed either on a massage table or in a comfortable chair. Bonnie Thompson will explain to you what she is doing and why, and will ask your permission before touching your body.

### Emotional Freedom Techniques (EFT)

EFT looks at and seeks to address stressors and imbalances within an individual’s energy system, as well as the energetic influence of thoughts, beliefs, and emotions on the body. EFT uses the ancient Chinese meridian system with a gentle tapping procedure which stimulates designated meridian end points on the face and body while saying specific phrases and focusing on issues of emotional intensity in order to release the

intensity and reframe the issues. In an EFT session, the client does the tapping on the client's own body and the practitioner helps guide the session by instructing the client where to tap while saying specific phrases based on the issues that are being worked on. If you are having an in office session and you are not able to "tap" for yourself, then Bonnie Thompson may need to "tap" for you. In such a rare event, she will ask for and receive your permission prior to tapping on your body.

### **The Emotion Code/Body Code System**

This energy-based system was developed by chiropractor Bradley Nelson and is designed to allow the practitioner and client to communicate directly with the client's subconscious mind and to use Body Code Mind Maps to correct energy imbalances for the purpose of releasing trapped emotional energy and to help create optimal health. According to Dr. Bradley, a majority of the population has a Heartwall, a wall protecting or blocking the heart made up of trapped emotional energy. This system is designed to bring to conscious awareness issues which an individual has no conscious memory of and uses muscle testing to discern the information and a magnet as a tool to release trapped emotional energy, including clearing the Heartwall.

Although the Energy Methods appear to have promising emotional, spiritual, and physical health benefits, they have yet to be fully researched by the Western academic, medical, and psychological communities. Therefore, the Energy Methods may be considered experimental and the extent of their effectiveness, as well as their risks and benefits, are not fully known.

### **Nature of the Relationship**

Please be advised Bonnie Thompson, as the single member of HTW, offers her services solely as complementary and alternative health care practitioner. You should discuss any recommendations she makes during your session with your primary care physician, obstetrician, physician, obstetrician, gynecologist, oncologist, cardiologist, pediatrician, or other board-certified physician or licensed mental health care provider. ***The Energy Methods are self-regulated and the State of Colorado does not license, certify, or register complementary and alternative health care practitioners. While Bonnie Thompson has extensive experience as a healing arts practitioner, she is not a psychologist, psychotherapist, physician, or other licensed health care professional. She adheres to the Standards and Scope of Practice of the Healing Touch Professional Association. Under Colorado's Natural Health Care Consumer Protection Act, Bonnie Thompson, as the single member of HTW, can offer her services subject to the requirements and restrictions that are fully described therein.***

### **Outcome Expectations/Risks & Benefits**

While clients report positive outcomes, please note that it's not possible to guarantee any specific results and neither Bonnie Thompson nor you know how you will personally respond to using the Energy Methods. However, Bonnie Thompson will work with you to achieve the best possible results for you. Participation in sessions can result in a number of benefits to you, including improvement and/or resolution of the specific concerns that led you to seek Bonnie Thompson's services.

While the Energy Methods are considered gentle and non-invasive, it's possible in your sessions, or on your own between sessions, to experience some physical discomfort or emotional distress that can be perceived as negative. It is also possible to experience some emotional distress and physical discomfort related to stressful experiences you may have had earlier in your life. Occasionally, some people have experienced dizziness, nausea, or anxiety as occasional side-effects from energy work. You agree to promptly inform Bonnie Thompson if you experience any emotional distress and/or physical discomfort during a session or between sessions. If appropriate, Bonnie Thompson can help refer you to an appropriate professional health care provider for further assistance.

Please be advised that with some of the Energy Methods, it's possible that previously vivid or traumatic memories may fade which is a positive outcome. However, this could adversely impact your ability to provide

legal testimony that carries the same emotional impact as prior to using Energy Methods regarding a traumatic incident.

### **Other Important Information**

When using the Energy Methods you understand Bonnie Thompson is not “diagnosing” or “treating” the physical body, which is the domain of the medical field and other allied health care professionals. You understand there is a distinction between “healing” using the Energy Methods and the practice of medicine or any other licensed health care practice. Further, you understand the services Bonnie Thompson offers and the use of the Energy Methods are not intended to be a substitute for medical or psychological treatment and they do not replace the services of health care professionals. You agree and understand it is your responsibility to consult with your health care provider for any specific health care problems. Further, you understand Bonnie Thompson may suggest you contact your professional health care provider if she believes it’s advisable. In addition, you understand that any information shared during your session(s) is not to be considered a recommendation that you stop seeing any of your health care professionals or using prescribed medication, if any, without consulting with your health care professional, even if after working with Bonnie Thompson it appears and indicates that such medication or treatment is unnecessary. Bonnie Thompson, as the single member of HTW, is covered by professional and general liability insurance through the Healing Touch Professional Association, applicable to any injury caused by an act or omission by her in providing her complementary and alternative health care services pursuant to this Client Agreement & Disclosure Statement.

### **Education and Training**

Bonnie Thompson is a Healing Touch Certified Practitioner and Certified Emotion Code/Body Code Practitioner and has been practicing since 2006. She completed Gary Craig’s Basic and Advanced EFT courses in 2007 and numerous courses in various energy healing methods. She completed a Bachelor of Science degree in Information Systems Management in 1989.

### **Acknowledgment & Consent to Receive Services**

By signing this document you agree that Bonnie Thompson, as the single member of HTW, has disclosed to you sufficient information to enable you to decide to undergo or forgo the services she offers. You have considered all of the above information and have obtained whatever information or professional advice you deem necessary to make an informed decision. By signing this document you understand that the relationship between you and Bonnie Thompson is not to be construed as medical treatment, psychotherapy, psychological counseling, or any type of therapy, nor is it a substitute for these services. Due to experimental nature of the Energy Methods, you agree to assume and accept full responsibility for any and all risks associated with using the Energy Methods. You acknowledge that Bonnie Thompson has discussed with you and you understand, and agree to and have received a copy of HTW’s **Office Policies & Procedures**, which is attached hereto and incorporated herein by reference.

You understand it is your responsibility to maintain a relationship with a health care professional. Further, you understand your consent to the nature of your sessions is given voluntarily, without coercion, and may be withdrawn at any time in the future. You represent that you are competent and able to understand the nature and consequences of the proposed sessions and agree to be personally responsible for the fees related thereto. You have discussed with Bonnie Thompson the nature of the services to be provided and you understand that she is not a licensed, registered, or certified health care provider in the State of Colorado. You agree and understand that this Client Agreement & Disclosure Statement is intended to be a complete unconditional release of liability and assumption of risk to the greatest extent permitted by law.

By signing in the space provided below, you knowingly, voluntarily, and intelligently assume these risks and except in the case of gross negligence or malpractice, you or your representative(s) agree to forever fully release, indemnify, hold harmless and defend Healing Tree Wellness LLC, its owners, members, employees, representatives, independent contractors, consultants, volunteers, and others associated with Healing Tree Wellness, LLC from and against any and all claims or liability of whatsoever nature arising out of or in connection with your session(s).

**By signing in the space below, you acknowledge you have received the information described in Paragraph (a) of Subsection 7 of Colorado's Natural Health Care Consumer Protection Act all of which is provided in this Client Agreement and Disclosure Statement. Per Colorado law, Bonnie Thompson will keep an original signed copy of this Client Agreement and Disclosure Statement in her records for at least two (2) years.**

Signed: \_\_\_\_\_  
Client

Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

I am the parent or legal guardian of the above-named minor, and I consent to and join in the foregoing Agreement on behalf of said minor.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Print Name: \_\_\_\_\_  
Parent/Legal Guardian

If you are submitting this Agreement electronically, typing your name in the space provided above will be considered your signature and constitute your acceptance and agreement of this Client Agreement & Disclosure Statement

# Healing Tree Wellness, LLC

Bonnie Thompson, HTCP, CECP/CBCP

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## OFFICE POLICIES & PROCEDURES

### Attachment to CLIENT AGREEMENT & DISCLOSURE STATEMENT

#### Use of Healing Touch

Physical contact even in a healing relationship can be a sensitive matter because touch can be easily misinterpreted. The Energy Methods Bonnie Thompson uses involve tapping or touching on various points on the face and body. During an in-person session clients are fully clothed and Bonnie Thompson will ask your permission before touching your body. The theory behind such tapping or touching is that these points can assist her and you in shifting imbalances in your energies. Touch can also be a potential problem in a healing relationship if you have a history of any kind of trauma around touch. If you have any reservations about physical touching as described above, please let Bonnie Thompson know. You understand you have a choice about techniques like Healing Touch and Emotion Code/Body Code that involve touch.

#### Confidentiality

With the exception of special situations described below, Bonnie Thompson will keep your work with her confidential. She will not tell anyone else what you have told her, or even that you are using her services without your prior written permission. You may direct Bonnie Thompson to share information with whomever you choose and you can change your mind and revoke that permission at any time.

Although Bonnie Thompson is not a licensed health care provider, she chooses to be in alignment with general ethical standards by adhering to the following legal exceptions to confidentiality:

1. If she believes the client is in imminent danger of hurting herself/himself
2. If she believes the client is threatening serious bodily harm to another
3. If she believes that a child, elderly, or disabled person is being abused
4. If she is presented with a legitimate court order to present testimony in a legal proceeding
5. If a client fails to pay for services requiring action to collect fees due

***Please be advised that if any communication regarding your work with Bonnie Thompson is conducted over the phone or via Skype it is not possible to guarantee the confidentiality of the information contained in any of your telephone and/or electronic communications.***

#### Payment Policies

Unless other arrangements have been made in advance, payment for your session is due at the time of or prior to service. Please be prepared to pay by check, cash, or credit card (Visa and MasterCard) for in-office sessions. Remote sessions can be paid through the HTW invoicing system or via PayPal online. Payment must be received in advance of your scheduled appointment. HTW does not bill through insurance so Bonnie Thompson's work is on a fee for service basis.

#### Sessions

The initial session is scheduled for 60-75 minutes in length. After the initial session, sessions are normally scheduled for 60 minutes in length unless prior arrangements have been made.

## Professional Fees

First session: \$80

Ongoing in-office and remote sessions: \$80.

Ongoing in-office and remote sessions for full time student or child: \$70

Out-of-office sessions (home, hospital, care center) within 15 minutes of HTW office: \$90.

## Session Packages & Fees

Package of 5 one-hour sessions (savings of \$50): \$350.

Heartwall (Emotion Code) package includes three or more sessions, as required, to clear a Heartwall: \$240.

Surgery Support package includes three sessions (usually one session prior to scheduled surgery/medical procedure and two follow-up sessions at hospital, home or my office): \$240.

## Cancellations

Scheduling of appointments involves the reservation of time specifically for you. 24 hours' notice is required when cancelling an appointment. **If you cancel with less than 24 hours' notice or fail to come to your scheduled session, you agree to pay a \$35 fee.** You will be responsible for paying a \$30 fee if your payment is returned for insufficient funds.

## Client Responsibilities

- You, the client, have stated all of your known conditions and will keep Bonnie Thompson updated on your health in future sessions, especially regarding, but not limited to, pregnancy, serious injury, illness, or psychological conditions.
- If you have questions or concerns about your health, you will consult your physician and take responsibility for your own health and well-being.
- You understand that you are always in control of your sessions and you may stop a session at any time.